

## BIO

Located in Lyndhurst NJ, we are all about helping people reach their optimum health without having the need to be sick. There are people that feel symptoms such as fatigue, and loss of energy with no clue of where it came from. Living doesn't have to be a way of dealing with pain, suffering or illness. By testing your imbalances within your body, we can fix almost everything. Functional, Metabolic, and Aesthetic practices from which consist of natural medicine are the keys to helping your body rehabilitate.

Moving to the United States, she continued her residency in Saint Mary's Hospital located in Hoboken, New Jersey. This was

associated with the University of Medicine and Dentistry of New Jersey (UMDNJ) which had been carried onto her Family Practice Residency. She is a medical doctor that has a fellowship in anti-aging, metabolic medicine and over ten years of aesthetic practice.

Here at our spa, anti-aging is more than just a "great massage".... it's about looking younger, feeling healthier and being vitally vibrant. It's taking time for yourself - out of your busy schedule - to savor delightfully indulging anti-aging spa treatments that keep you healthier and rejuvenate your face, body and spirit.

## SERVICES

### MEDICAL SPA SERVICES

Botox  
Fillers  
Cosmetic Procedures  
Laser Hair Removal  
Photorejuvenation  
Schlerotherapy

### DAY SPA SERVICES

Massages  
Facials  
Waxing  
Spa Parties  
Wedding Prep Packages  
Event Prep Packages

### ALTERNATIVE MEDICINE

Hormone Therapy  
Thyroid Gland Repair  
Allergy Testing  
Lifestyle Checkup  
Integrative Medicine Consultations  
Trim-Life Program

## CAPABILITIES

Weight management  
Rejuvenation  
Nutrition  
Anti-Aging  
Body & Facial Therapies

All of these aspects are intended to help you achieve the best possible version of yourself throughout which the category from which you are needing assistance with.

We stand by our customers helping them regain and retain their youthful appearance, their health, and their self confidence.

SAFETY IS OUR TOP PRIORITY  
ABILITY TO SERVE THE PUBLIC  
ALL OF OUR PROCEDURES ARE PERFORMED BY LICENSED AND CERTIFIED

Here we are of a wellness center that focuses on complementary and alternative medicine as well as traditional procedures. Inspir Med spa evaluates your health in areas of:

Hormones  
Nutrition  
Identifying your bodies true age